

SHORELINE PLANTS BY COLOUR

Herbs/Wildflowers

Name	Bloom Colour	Bloom Time	Visual	Soil	Sun	Benefits to Nature					Additional Notes
						Attracts pollinators (bees and butterflies)	Food for birds	Naturalizing unvegetated areas	Food for small mammals	Erosion control	
Great Blue Lobelia <i>(Lobelia siphilitica)</i> https://watersheds.ca/plant/blue-lobelia/	Dark Blue	July to September	1m (1-3ft) Light green leaves Dense, tall clusters of flowers	Wet to moist Poorly drained, rich	Full sun to part shade	✓	✓		✓		Does not tolerate dry conditions or drought Low maintenance Tolerates periodic flooding
Blue Vervain <i>(Verbena hastata)</i> https://www.botanigals.ca/product/blue-vervain/30?cp=true&sa=false&sbp=false&q=false&category_id=15	Blue/purple	July to September	1.5m (5 ft) Slender plant Several dense flowering spikes on top of flowering stem; flowers bloom from bottom of spike up	Wet to moist Rich	Full sun to part shade	✓	✓		✓		Spreads well (up to 1m per individual) Tolerates periodic flooding, drought and grazing by deer

Blue-flag Iris (<i>Iris versicolor</i>) https://www.botanigals.ca/product/iris-blue-flag/29?cp=true&sa=false&sbp=false&q=false&category_id=15	Purple/blue	May to June	0.5m (1.6 ft) Light green leaves Tall flowering stalk with 2-4 flowers	Wet to moist	Full sun to part shade	✓	✓		✓		Tolerates periodic flooding Low maintenance Spreads quickly Root ball can be separated and replanted in the fall
Prairie Thistle (<i>Cirsium flodmanii</i>) https://watersheds.ca/planet/prairie-thistle/	Purple	June to August	0.5 m (1.6 ft) Purple thistles on prickly stems Dark green, wavy leaves	Moist Well drained	Full sun to part shade	✓	✓		✓		Low maintenance Tolerates dry and wet conditions
Giant Hyssop (<i>Agastache foeniculum</i>) https://watersheds.ca/planet/giant-hyssop/	Purple	June to September	1m (3 ft) Small flowers grow in dense cylindrical spikes pattern at the end of stems	Moist to dry	Full sun to part shade	✓					Tolerates dry soils and drought but young plants should be watered on hot days Perennial Deadhead old flowers to promote new blooms

Cylindrical blazing star (<i>Liatris cylindracea</i>)	Purple	Late summer to fall	0.5m (1 ft) Cylindrical blooms	Moist to dry Sandy loam	Part sun to full shade	✓						Non- competitive Drought tolerant Should be planted with non-aggressive, slow growing plants Perennial
Hairy Beardtongue (<i>Penstemon hirsutus</i>)	Purple	Spring	0.5m (2 ft) Stalks of trumpet-shaped flowers on hairy stems	Dry to moist Loam	Part shade to full sun	✓						Drought and cold tolerant Perennial Also attracts hummingbirds
Harebell (<i>Campanula rotundifolia</i>)	Purple	Summer to fall (on and off)	0.3m (1 ft) Delicate, bell-shaped flowers that hang individually or in small clusters	Dry to moist Sandy, well drained	Part shade to full sun	✓						Fast growing - blooms usually produced within the first year Long lasting blooms Perennial Also attracts hummingbirds
Dense Blazing Star (<i>Liatris spicata</i>)	Violet	Mid summer to early fall	1.5m (5 ft) Slender Tall spike of close clustered flowers that bloom from the top of the plant downwards	Wet to moist Sandy loam	Part shade to full sun	✓						Resistant to disease and drought Fast growing Perennial

<p>Fireweed (<i>Chamerion angustifolium</i>)</p> <p>https://watersheds.ca/plant/fireweed/</p>	Purple to pink	June to September	<p>1.5m (5 ft)</p> <p>Flowers bloom on tall stalk</p> <p>Light green, narrow leaves</p>	<p>Moist</p> <p>Rich</p>	Full sun to part shade	✓		✓	✓	<p>Spreads well</p> <p>Grows in dense patches</p> <p>Growth can be aggressive if garden is moist</p> <p>Perennial</p>
<p>Showy Tick Trefoil (<i>Desmodium canadense</i>)</p> <p>https://watersheds.ca/plant/showy-tick-trefoil/</p>	Purple-pink	Late summer and fall	<p>1m (3 ft)</p> <p>Bushy, hairy</p> <p>Crowded clusters of flowers at the end of stems</p>	<p>Moist</p> <p>Rich</p>	Full sun to part shade	✓	✓		✓	<p>Can grow in a variety of soil types and conditions</p> <p>Can take over a small garden</p> <p>Perennial</p> <p>Roots host nitrogen fixing bacteria, increasing the soil nitrogen levels for other nearby plants</p>
<p>Wild Bergamot/ Beebalm (<i>Monarda fistulosa</i>)</p> <p>https://watersheds.ca/plant/wild-bergamot/</p>	Pink/ lavender	July to September	<p>1m (3 ft)</p> <p>Showy flowers on the end of flowering stem look like pom poms</p> <p>Leaves smell like oregano when crushed</p>	<p>Dry to moist</p>	Full sun to part shade	✓		✓	✓	<p>Spreads well</p> <p>Easy to grow</p> <p>Water the roots directly to avoid accumulation of mildew</p> <p>Heat tolerant</p> <p>Perennial</p>

<p>Spotted Joe-Pye weed (<i>Eupatorium maculatum</i>)</p> <p>https://watersheds.ca/plant/spotted-joe-pye-weed/</p>	Pink/purple	August to September	<p>Up to 1.5m (5 ft)</p> <p>Large leaves</p> <p>Flowers in flat clusters at the top of the stem</p>	<p>Wet to moist</p> <p>Sand, loam, clay</p>	Full sun to part shade	✓				✓	Tolerates periodic flooding
<p>Purple Coneflower (<i>Echinacea purpurea</i>)</p> <p>https://watersheds.ca/plant/purple-coneflower/</p>	Pink to purple	June to August	<p>1m (3 ft)</p> <p>Flowers bloom for a long time</p> <p>Dark green leaves</p> <p>Daisy-like flowers</p>	<p>Dry</p> <p>Well drained</p>	Full sun to part shade	✓	✓	✓	✓	✓	<p>Spreads well, easy to grow</p> <p>Does not tolerate long, dry periods</p> <p>Perennial</p>
<p>Swamp Milkweed (<i>Asclepias incarnata</i>)</p> <p>https://watersheds.ca/plant/swamp-milkweed/</p>	Pink	July to August	<p>Up to 1.5m (5 ft)</p> <p>Clusters of pink flowers</p> <p>Narrow, light green leaves</p> <p>Long brown seed pod</p>	<p>Wet to moist</p> <p>Rich loam, clay, humus</p>	Full sun to part shade	✓					Tolerates periodic flooding

<p>Common Milkweed (<i>Asclepias syriaca</i>)</p> <p>https://watersheds.ca/plant/common-milkweed/</p>	Pinkish white	June to August	<p>1m (3 ft)</p> <p>Large, green leaves with prominent veins</p> <p>Green, rounded seed pods release seeds with white tufts of hair</p> <p>Flowers bloom in clusters at the top of the plant</p>	Dry to moist	Full sun to part shade	✓		✓		<p>✓</p> <p>Tolerates poor quality soil</p> <p>Tolerates drought but young plants should be watered on hot days</p> <p>Low maintenance</p> <p>Vigorous growth - Not recommended for small gardens</p>
<p>Turtlehead (<i>Chelone glabra</i>)</p> <p>https://watersheds.ca/plant/white-turtlehead/</p>	Whitish-pink	August to October	<p>1m (3 ft)</p> <p>Flowers shaped like the head of a turtle. Bloom on dense spikes at the tip of flowering stems</p> <p>Dark green leaves</p>	<p>Wet to moist</p> <p>Acidic</p>	Full sun to part shade	✓				
<p>Nodding Onion (<i>Allium cernuum</i>)</p> <p>https://watersheds.ca/plant/nodding-onion/</p>	White to pink	Mid to late summer	<p>0.5m (1.5 ft)</p> <p>Drooping clusters of small, bell-shaped flowers</p> <p>All parts of the plant have a faint onion smell</p>	<p>Moist to dry</p> <p>Variety of soil types with neutral to alkaline pH</p>	Full sun to part shade	✓				<p>Drought and deer tolerant but young plants require water on hot days</p> <p>Best planted in clusters</p> <p>Perennial</p>

<p>Flat-topped White Aster (<i>Doellingeria umbellata</i>)</p> <p>https://watersheds.ca/plant/flat-topped-white-aster/</p>	White	August to September	<p>0.5-2m (2-7 ft)</p> <p>Stem is usually unbranched except where the flowers are</p> <p>Flowers in flat-topped clusters</p>	Moist	Full sun	✓					<p>Forms large colonies over time</p> <p>Low maintenance</p> <p>Winter cover is recommended</p>
<p>Common Yarrow (<i>Achillea millefolium</i>)</p> <p>https://watersheds.ca/plant/yarrow/</p>	White	June to September	<p>0.5m (1 ft)</p> <p>Small white flowers with yellow, honey-comb like centres bloom in clusters for long periods</p> <p>Feathery, green leaves</p>	Dry to moist	Full sun to part shade	✓		✓		✓	<p>Tolerates drought, poor quality soil and disturbed areas</p> <p>Perennial</p>
<p>Foam Flower (<i>Tiarella cordifolia</i>)</p> <p>https://www.botanigals.ca/product/foamflower/33?cp=true&sa=false&sbp=false&q=false&category_id=15</p>	White	Mid spring to mid summer	<p>0.3m (1 ft)</p> <p>Spikes of small, white, bell-shaped flowers on long stems with no leaves</p> <p>Leaves turn bright purple in the fall</p>	Moist	Shade to part sun	✓	✓				<p>Can be used as ground cover</p> <p>Fast growing</p> <p>Perennial</p>
<p>Foxglove Beardtongue (<i>Penstemon digitalis</i>)</p>	White	Early to mid summer	<p>1.2m (4 ft)</p> <p>Clustered spikes of small, white, tubular flowers that grow in pairs</p>	Moist	Part shade to full sun	✓					<p>Drought and cold tolerant</p> <p>Perennial</p> <p>Also attracts hummingbirds</p>

Boneset (<i>Eupatorium perfoliatum</i>) https://watersheds.ca/plant/boneset/	Off white	July to September	1.5m (5 ft) Dark green, wrinkly leaves Small flowers arranged in flat-topped clusters	Wet to moist Poorly drained	Full sun to part shade	✓		✓			Spreads well Tolerates periodic flooding
Tall Cinquefoil (<i>Potentilla arguta</i>) https://watersheds.ca/plant/tall-cinquefoil/	Yellow-white	June to September	1m (3 ft) Sticky-hairy leaves Five-petaled flowers in branching clusters at end of stem	Dry Well drained	Full sun to partial shade	✓					Tolerates dry soils and drought but young plants should be watered on hot days Perennial

<p>Black-eyed Susan (<i>Rudbeckia hirta</i>)</p> <p>https://watersheds.ca/plant/black-eyed-susan/</p>	Yellow	June to September	<p>0.5m (1.6 ft)</p> <p>Yellow flowers with black centre; flowers last a long time</p>	<p>Dry to moist</p>	Full sun to part shade	✓	✓		✓	✓	<p>Tolerates drought and dry soil, but young plants should be watered on hot days</p> <p>Individual plants bloom every other year</p> <p>Grows well in disturbed environments</p> <p>Tolerates deer grazing</p> <p>May exhibit aggressive growth if conditions are too favorable</p> <p>Best planted in bunches</p> <p>Short-lived perennial</p>
<p>Common Sunflower (<i>Helianthus annuus</i>)</p>	Yellow	August to September	<p>0.2 -3m (0.5-10 ft)</p> <p>Leafy</p> <p>Many large flowers</p>	Dry	Full sun		✓				<p>Spreads quickly</p> <p>Annual</p>
<p>Woodland Sunflower (<i>Helianthus strumosus</i>)</p> <p>https://watersheds.ca/plant/woodland-sunflower/</p>	Yellow	July to September	1.5m (5 ft)	<p>Dry to moist</p> <p>Well drained</p>	Full to partial sun	✓	✓				<p>Easy to grow</p> <p>Spreads quickly</p> <p>Perennial</p>

Woodland Sunflower (<i>Helianthus divaricatus</i>) https://www.botanigals.ca/product/rough-woodland-sunflower-/34?cp=true&sa=false&sbp=false&q=false&category_id=15	Yellow	July to September	2m (6 ft) Individual or clusters of flowers (2 to 9)	Dry Sandy	Full sun to part shade	✓					Deer resistant Perennial
Ten-petaled Sunflower (<i>Helianthus decapetalus</i>) https://watersheds.ca/plant/ten-petaled-sunflower/	Yellow	July to September	1.5m (5 ft) Large flowers Large, green leaves	Moist to dry Well drained	Full sun to partial shade	✓	✓		✓		Easy to grow Spreads quickly and forms small colonies Perennial
Butterfly Milkweed (<i>Asclepias tuberosa</i>) https://watersheds.ca/plant/butterfly-milkweed/	Bright orange	June to August	0.5m (1.6 ft) Narrow, green leaves Flowers in clusters	Dry to moist Well drained sand or loam	Full sun to part shade	✓		✓		✓	Tolerates drought but young plants should be watered on hot days Low maintenance Vigorous growth - not recommended for small gardens

<p>Indian Paintbrush (<i>Castilleja coccinea</i>)</p> <p>https://watersheds.ca/plant/indian-paintbrush/</p>	Red-orange	June to August	<p>0.5m (1 ft)</p> <p>Fan shaped flowers on tall stalk look like they've been dipped in red-orange paint</p> <p>Leaves are oak-like</p>	<p>Moist</p> <p>Well drained</p>	Full sun to part shade	✓				<p>✓</p> <p>Attracts pollinators that can hover-hummingbirds</p> <p>Biennial</p> <p>Transplantation often kills the plant</p>
<p>Wild Columbine (<i>Aquilegia canadensis</i>)</p> <p>https://watersheds.ca/plant/wild-columbine/</p>	Red and yellow	One of the first flowers to bloom in the spring	<p>0.5m (2 ft)</p> <p>Nodding, intricate flowers</p>	<p>Moist to dry</p> <p>Well drained</p> <p>Thin, sandy soils promote most appealing growth</p>	Full to part shade	✓				<p>Tolerates a wide range of soil and moisture levels</p> <p>Leaves can burn if planted in full sun</p> <p>Rich soil can cause weak stems and shorten the life of the plant</p> <p>Perennial</p>
<p>Cardinal Flower (<i>Lobelia cardinalis</i>)</p>	Red	Early summer to fall	<p>1.5m (3 ft)</p> <p>Showy, unbranched spikes of flowers</p>	<p>Wet to moist</p> <p>Tolerates some standing water</p> <p>Rich</p>	<p>Full sun to part shade</p> <p>Best to grow in an area with afternoon sun</p>	✓				<p>Can be difficult to grow</p> <p>Perennial</p> <p>Hummingbirds use nectar in addition to birds and butterflies</p>

Jack-in-the-Pulpit (<i>Arisaema triphyllum</i>) https://www.botanigals.ca/product/jack-in-the-pulpit/103?cp=true&sa=false&sbp=false&q=false&category_id=15	Green and brown striped	Early spring	0.6m (2ft) Large, hooded, individual flower. Hood is green with brown stripes Bright red berries in late summer	Prefers moist soil but can adapt to a range of moisture levels and soil types	Part shade to full sun		✓		✓		Easy to grow Leave leaf matter at the base to decompose and return nutrients to the plant Cover through winter Perennial
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Shrubs											
Name	Bloom Colour	Bloom Time	Visual	Soil	Sun	Benefits to Nature					Additional Notes
						Attracts pollinators (bees and butterflies)	Food for birds	Naturalizing unvegetated areas	Food for small mammals	Erosion control	
Smooth Wild Rose (<i>Rosa blanda</i>) https://watersheds.ca/plant/smooth-wild-rose/	Light pink with a yellow centre	June to July	1.5m (5 ft) Dense; only a few thorns near the base Bright red rose hips after bloom through the winter	Dry to moist	Full sun to part shade	✓	✓		✓	✓	Provides shelter for a variety of birds Good for uptake and removal of excess nutrients from the environment Drought resistant; fast growth

<p>Snowberry (<i>Symphoricarpos albus</i>)</p>	<p>Pinkish white</p>	<p>Summer</p>	<p>1m (3 ft)</p> <p>Numerous, delicate branches</p> <p>Bell shaped flowers; large, white berries</p>	<p>Dry to moist</p>	<p>Full sun to part shade</p>		✓		✓	✓	<p>Good for use as a fence row</p> <p>Used for food and cover by a wild variety of wildlife all winter</p>
<p>Bog Rosemary (<i>Andromeda polifolia</i>)</p> <p>https://water-sheds.ca/planet/bog-rosemary/</p>	<p>Pinkish-white</p>	<p>May</p>	<p>0.3-0.6m (1-2 ft)</p> <p>Glossy, blue-green leaves</p> <p>Small, urn-shaped flowers grow on the end of branches</p> <p>Blue seed capsules</p>	<p>Moist to wet</p> <p>Organic</p> <p>Leaves turn yellow in alkaline soil</p>	<p>Full sun to part shade</p>						<p>Few branches; individuals grow together to form a clump</p> <p>Tolerant of flooding, high winds and ice</p> <p>Low maintenance</p> <p>Roots good for breaking up compacted soils</p>
<p>Sweet Gale, Sweet Bayberry (<i>Myrica gale</i>)</p> <p>https://www.botanigals.ca/product/sweetgale/25?cp=true&sa=false&sbp=false&q=false&category_id=15</p>	<p>White</p>	<p>Early spring</p>	<p>1.2m (4 ft)</p> <p>Elliptical green leaves have a pleasant smell when crushed</p>	<p>Moist to very wet</p>	<p>Full sun to part shade</p>					✓	<p>Good for wave breaks</p> <p>Water loving plant</p>

White Meadow-sweet (<i>Spiraea alba</i>) https://www.botanigals.ca/product/meadowsweet-22?cp=true&sa=false&sbp=false&q=false&category_id=15	White	June to September	1.2m (4 ft) Dense, pyramid-shaped spikelet of white flowers with a pink to orange central ring	Moist to wet	Part shade					✓	Good for wave breaks Offers cover for waterfowl and other birds Good in consistently moist soils
Nannyberry/ Sweet Viburnum (<i>Viburnum lentago</i>) https://www.botanigals.ca/product/nannyberry-40?cp=true&sa=false&sbp=false&q=false&category_id=15	White	May to June	5m (16 ft) Small, showy white flowers in clusters Leaves turn burgundy in fall Blue to black berries in the fall and winter	Wet to moist Can grow in a variety of soil types and pH levels	Part shade to full sun	✓	✓				Good for uptake and removal of excess nutrients from environment Easy to grow Wide spreading Good for hedgerows
Elderberry (<i>Sambucus canadensis</i>)	White	July	3m (10ft) Branching clusters of fragrant white flowers Purple-black berries	Wet to moist Can grow in a variety of soil types	Part shade to full sun		✓	✓	✓	✓	Provides shelter for a variety of wildlife Good for excess nitrogen removal Fast, aggressive growth

<p>Wild Black Currant (<i>Ribes americanum</i>)</p> <p>https://watersheds.ca/planet/wild-black-currant/</p>	White	Early spring	<p>1-2m (3-6 ft)</p> <p>Low shrubs</p> <p>Hanging clusters of small, bell-shaped flowers</p> <p>Purple berries</p>	<p>Moist to wet</p> <p>Can grow in a variety of soil types</p>	Full sun to part shade	✓			✓	<p>*Carries disease that can kill White Pine trees - do not grow within 1.6 km of White Pines</p> <p>Provides shelter for a variety of wildlife</p>
<p>Chokecherry (<i>Prunus virginiana</i>)</p> <p>https://www.botanigals.ca/product/chokecherry-/21?cp=true&sa=false&sbp=false&q=false&category_id=15</p>	White	Late spring	<p>6-9m (9-30 ft)</p> <p>Dense, cylindrical clusters of white flowers</p> <p>Cherry-like fruit starts red then darkens to purple-black</p>	Dry to moist	Full sun to part shade		✓		✓	<p>Good for use as a hedge row</p> <p>Cold and shade tolerant</p> <p>Can grow to be quite dense</p> <p>Used as shelter by a wild variety of wildlife all winter</p> <p>Browsed by large mammals</p>
<p>Alternate Leaved Dogwood (<i>Cornus alternifolia</i>)</p>	White	Spring	<p>3m (10ft)</p> <p>Wide clusters of cream-white flowers</p> <p>Clusters of red-purple berries on red stems</p> <p>Leaves turn red-purple in fall</p>	<p>Moist to wet</p> <p>Cool, acidic</p>	Part shade to full sun		✓		✓	<p>Best planted with other shrubs/trees</p> <p>Mulch around shrub to keep soil moist and cool</p>

<p>Gray Dogwood (<i>Cornus racemosa</i>)</p>	White	Spring	<p>2.5m (8 ft)</p> <p>Young twigs and individual flower/berry stalks are red into the winter</p> <p>White berries are short lived</p>	<p>Moist to dry</p>	Full sun to part shade		✓	✓	✓	✓	<p>Tolerant of dry sites</p> <p>Resistant to many diseases and insect pests</p>
<p>Shadblow Serviceberry (<i>Amelanchier canadensis</i>)</p> <p>https://watersheds.ca/plant/shadblow-serviceberry/</p>	White	Early spring - before leaves are produced	<p>3-5m (10-16 ft)</p> <p>Leaves dark green; orange-red in fall</p> <p>Showy white flowers in clusters</p> <p>Purple berries in the fall</p>	<p>Dry to moist</p> <p>Can grow in a variety of soil types and pH levels</p>	Full sun to part shade		✓			✓	<p>Susceptible to many disease and insect pests - affects aesthetics rather than health of plant in most cases</p>
<p>Leather Leaf (<i>Chamaedaphne calyculata</i>)</p> <p>https://watersheds.ca/plant/leather-leaf/</p>	White	May to June	<p>1m (3 ft)</p> <p>Highly branched shrub</p> <p>Leaves leathery, evergreen, but become reddish-brown in winter</p> <p>Small, bell-shaped flowers grow in clusters at the end of branches</p> <p>Reddish-brown berries</p>	Moist to wet	Full sun to part shade						Often grows into dense patches

<p>Red Osier Dogwood (<i>Cornus stolonifera</i>, <i>Cornus sericea</i>)</p> <p>https://www.botanigals.ca/product/dogwood-red-osier-42?cp=true&sa=false&sb=false&q=false&category_id=15</p>	Cream/White	Late June	<p>2m (6.5 ft)</p> <p>Bright red twigs</p> <p>Dense clusters of cream/white flowers</p> <p>Clusters of white-bluish berries</p>	<p>Moist</p> <p>Well drained</p> <p>Can grow in a variety of soil types</p>	Part shade to full sun	✓	✓				<p>Good for excess nitrogen removal</p> <p>Used as browse by deer and rabbits</p>
<p>Winterberry (<i>Ilex verticillata</i>)</p> <p>https://watersheds.ca/plant/winterberry/</p>	Green-Yellow/white	June to July	<p>3m (10 ft)</p> <p>Dark green/purple leaves turn black with frost</p> <p>Bright red berries on female plants present through winter</p>	<p>Wet to moist preferred; dry</p> <p>Can grow in a variety of soil types</p>	Part sun	✓	✓	✓	✓	✓	<p>Tolerates periodic flooding</p> <p>Both a male and female plant must be present in order for berries to be produced</p>
<p>Mountain Holly/Catberry (<i>Ilex mucronata</i>)</p> <p>https://watersheds.ca/plant/mountain-holly/</p>	Green-white	Spring	<p>3m (10 ft)</p> <p>Light green leaves; deep yellow in fall</p> <p>Small red berries after non-showy flowers</p>	Moist to wet	Full sun to part shade						<p>This is the only holly that is native to Eastern North America</p>

Silverberry/ Wolf Willow (<i>Elaeagnus commutata</i>) https://watersheds.ca/planet/silverberry/	Non- descript Yellow/ grey	June to July	5m (16 ft) Silvery green leaves Silver-green berries	Moist to wet Can grow in a variety of soil types	Full sun to part shade		✓		✓	✓	Tolerant of poor, infertile, alkaline soil; drought Browse for a variety of animals Fast growing and spreading; long lifespan Good for use as a hedge row Transplants well; disease and insect resistant
Pussy Willow (<i>Salix discolor</i>)	Silver- grey	Spring	2-3m (6 - 10ft) Shiny, bright green leaves Silver-grey, fuzzy catkins (flowers)	Wet	Full sun to partial shade		✓		✓	✓	Provides nesting and shelter to a variety of birds Fast growing Short lived Can be aggressive if grown in continuously moist soil
Beaked Willow (<i>Salix bebbiana</i>) https://watersheds.ca/planet/bebb-willow/	Yellow- Straw coloured	Spring	2-3m (6 - 10ft) Catkins appear before dull grey leaves	Wet	Full sun to partial shade					✓	Provides nesting and shelter to a variety of birds Fast growing Short lived

Mountain Fly Honeysuckle (<i>Lonicera villosa</i>) https://watersheds.ca/plant/mountain-fly-honeysuckle/	Yellow	Spring	1m (3 ft) Sparse shrub Leaves yellow-brown in fall Hairy-looking flowers grow in pairs Black berries in late summer	Moist to wet	Full sun to part shade						Slow growing, short lived
Northern Bayberry (<i>Myrica pensylvanica</i>) https://watersheds.ca/plant/northern-bayberry/	Catkins - yellowish green	April to May	2m (6.5 ft) Leathery, dark green leaves Non-showy clusters of catkins Small, silver-grey fruits are present throughout the winter	Dry to moist Can grow in a variety of soil types and pH levels	Full sun to part shade	✓	✓	✓	✓	Very hardy and tolerant of harsh conditions (infertile soil, drought, etc.) Medium growth rate Not usually eaten by deer	
Sandbar Willow/ Narrow leaved willow (<i>Salix exigua</i>)	Yellow to green/ brown	Late spring to early summer	4m (13 ft) Greyish green leaves Catkins for flowers Helicopter-like fruits are reddish	Dry to wet	Full sun to part shade				✓	Provides nesting and shelter to a variety of birds Drought resistant	

Common Juniper (<i>Juniperus communis</i>)	Cones - dark, blue berries	Spring	0.5m (1.5 ft) Wide-growing, blue-green needles	Dry	Full sun		✓		✓	✓	Grows in wide mats
Canada Yew/ American Yew/ Ground Hemlock (<i>Taxus canadensis</i>) https://watersheds.ca/plant/canada-yew/	Non - descript, cone, red berries	April to May	2m (6.5 ft) Dark green needles; brownish red tint in the winter Red berries in fall	Moist to wet	Full sun to part shade						Used as shelter by game birds in winter Should be covered in winter to protect from wind Sensitive to heat and drought

Groundcover											
Name	Bloom Colour	Bloom Time	Visual	Soil	Sun	Benefits to Nature					Additional Notes
						Attracts pollinators (bees and butterflies)	Food for birds	Naturalizing unvegetated areas	Food for small mammals	Erosion control	
Common Blue Violet (<i>Viola sororia</i>) https://watersheds.ca/plant/common-blue-violet/	Violet	May to July	Light and dark green leaves Flowers on slightly drooping stems	Moist Moisture-holding soil	Part sun to full shade	✓	✓		✓	✓	Spreads well - up to 0.5m (1.6 ft) Can become invasive if grown in optimum conditions

<p>Large Cranberry (<i>Vaccinium macrocarpon</i>)</p> <p>https://watersheds.ca/planet/large-cranberry/</p>	Pink	June to August	<p>Evergreen groundcover</p> <p>Glossy, leathery, green leaves turn red-purple in the fall</p> <p>Small flowers bloom at the end of branches</p> <p>Red cranberries in fall</p>	Moist to wet	Full sun to part shade					<p>Roots should be kept cool and moist</p> <p>Does not transplant well</p>
<p>Bearberry (<i>Arctostaphylos uva-ursi</i>)</p>	Pink or white	May to July	<p>Evergreen groundcover</p> <p>Thick, leathery leaves that are yellowish green in the spring, dark green in the summer and reddish in the fall</p> <p>Clusters of small flowers on bright red stems</p> <p>Red berries present into the winter</p>	Dry to moist	Full sun to part shade	✓		✓		<p>Best to grow in non-compacted soil</p>

<p>Lowbush Blueberry (<i>Vaccinium angustifolium</i>)</p> <p>https://watersheds.ca/plant/lowbush-blueberry/</p>	White/pinkish	May to June	<p>0.5m (1.6 ft)</p> <p>Glossy leaves: reddish in spring, dark green in summer, maroon in fall</p> <p>Clusters of small, bell-shaped flowers</p> <p>Blueberries</p>	Moist	Part shade to full sun	✓	✓		✓	<p>Tolerant of acidity, salt and drought (once established)</p> <p>Edible berries</p> <p>Plant near other non-competitive plants</p>
<p>Velvetleaf Blueberry/ Velvetleaf Huckleberry (<i>Vaccinium myrtilloides</i>)</p> <p>https://watersheds.ca/plant/velvetleaf-blueberry/</p>	White-pink	Summer	<p>0.5m (1.6 ft)</p> <p>Small, bell-shaped flowers</p> <p>Blueberries</p>	Dry to wet	Full sun to part shade		✓		✓	<p>Grows in dense patches</p> <p>Leaves and young stems covered in soft hairs - distinguishes it from other species of blueberry</p>
<p>Partridge-berry/ Twinberry (<i>Mitchella repens</i>)</p>	White and pink	Spring	<p>0.15m (0.5 ft)</p> <p>Trailing - up to 3.5m (12 ft)</p> <p>Glossy leaves</p> <p>Pairs of fragrant flowers</p> <p>Red berries through winter</p>	Moist	<p>Part shade to full sun</p> <p>Shade loving</p>		✓		✓	<p>Slow growing</p> <p>Sensitive to disturbance</p>

Canada Anemone (<i>Anemone canadensis</i>) https://www.botanigals.ca/product/canada-anemone/96?cp=true&sa=false&sbp=false&q=false&category_id=15	White with yellow centre	May to June	Flowers grow individually - long lasting blooms	Moist	Part shade to full sun Grows well in shade					Fast spreading Hardy - drought and shade tolerant; may outcompete other species if grown in ideal conditions Flowering may decrease if plants are crowded - divide in the fall as necessary
Bunchberry (<i>Cornus canadensis</i>)	Creamy-white	Summer	0.3m (1 ft) Dark, shiny green leaves; red in fall Star-shaped flower Orange/red berries in clusters	Moist Acidic	Part shade to full sun (prefers partial shade)					Does well under evergreen trees (cool, acidic) Add acidity to soil by scattering pine needles
Wintergreen (<i>Gaultheria procumbens</i>)	White	June- July	Evergreen groundcover Dark green leaves turn reddish in cold Small, bell-shaped flowers grow in nodding clusters on short stems Red berries in August	Moist Tolerates a variety of soil types	Full sun to part shade	✓		✓		Browsed by deer in winter

Vines

Name	Bloom Colour	Bloom Time	Visual	Soil	Sun	Benefits to Nature					Additional Notes
						Attracts pollinators (bees and butterflies)	Food for birds	Naturalizing unvegetated areas	Food for small mammals	Erosion control	
Climbing Bittersweet/ American Bittersweet (<i>Celastrus scandens</i>)	Greenish	Showy orange seed capsule in September	Up to 7m (23 ft) Woody vine Simple, dark green leaves; yellowish in fall Non-showy flowers Orange seed capsule in September. Opens to reveal a red interior seed	Dry to moist Well drained	Sun to partial shade		✓				Seeds toxic for humans

Grasses

Name	Bloom Colour	Bloom Time	Visual	Soil	Sun	Benefits to Nature					Additional Notes
						Attracts pollinators (bees and butterflies)	Food for birds	Naturalizing unvegetated areas	Food for small mammals	Erosion control	
Big Bluestem/ Turkeyfoot (<i>Andropogon gerardii</i>) https://watersheds.ca/plant/big-bluestem/	Purple	September to February	Less than 2m (6.5 ft) Blue green leaves in spring, reddish in summer, bronze in fall Flowers with three parts, resemble a turkey's foot Red-brown seed pods in the fall	Dry to moist Grows well in a variety of soil types	Full sun to part shade		✓		✓	✓	Low maintenance Tolerant of drought, infertile soil and poor growing conditions Used as source of cover by songbirds Spreads well; can be aggressive if grown under ideal conditions Can become top-heavy and fall if continually provided with ideal conditions
Switch Grass/ Panic Grass (<i>Panicum virgatum</i>) https://watersheds.ca/plant/switch-grass/	Purple-pink tinge	August to September	1.5m (5 ft) Blue green leaves turn yellow in fall, tan in winter Flowers consist of loosely branched, wide-spreading spikelets	Moist to wet Grows well in a variety of soil types	Full sun to part shade		✓		✓	✓	Tolerant of a wide range of adverse growing conditions Low maintenance

<p>Indian Grass (<i>Sorghastrum nutans</i>)</p> <p>https://watersheds.ca/plant/indian-grass/</p>	Reddish-brown	September to February	<p>1.5m (5 ft)</p> <p>Leaves blue-green in summer, orange-yellow in fall</p> <p>Feather-like flower structures</p>	<p>Dry to moist</p> <p>Grows well in a variety of soil types</p>	Full sun to part shade		✓		✓	✓	<p>Caterpillars and grasshoppers that eat grass are a food source for birds</p> <p>Low maintenance</p> <p>Tolerant of drought, infertile soil and poor growing conditions</p>
<p>Canada Wild Rye (<i>Elymus canadensis</i>)</p> <p>https://watersheds.ca/plant/canada-wild-rye/</p>	Greenish	July to September	<p>1.5m (5 ft)</p> <p>Blue-green leaves</p> <p>Arched flowers have the appearance of oats</p>	<p>Dry to moist</p> <p>Grows well in a variety of soil types</p>	Full sun to part shade		✓		✓	✓	<p>Low maintenance</p> <p>Tolerant of drought, infertile soil and poor growing conditions</p>
<p>Plantain-leaved Sedge (<i>Carex plantaginea</i>)</p> <p>https://watersheds.ca/plant/plantain-leaved-sedge/</p>	Green	May to June	<p>0.5m (1.6 ft)</p> <p>Arching, lime green, wrinkly, evergreen, leaves</p> <p>Small flower spikes on short stems</p>	Moist	Full to part shade		✓		✓	✓	<p>Tolerant of grazing by deer and dry soil if it is in a shaded location</p> <p>Low maintenance</p>
<p>Prairie Cord Grass/Ripgut/Slough Grass (<i>Spartina pectinata</i>)</p> <p>https://watersheds.ca/plant/prairie-cord-grass/</p>	Yellow/Straw	July to August	<p>1.5m (5 ft)</p> <p>Glossy, thin, dark green leaves in spring; yellow in fall</p> <p>Clusters of flowers grow on tall stems</p>	<p>Moist to wet</p> <p>Grows well in a variety of soil types</p>	Full sun to part shade		✓		✓	✓	<p>Low maintenance</p> <p>Tolerant of flooding and drought</p> <p>Rarely produces seeds</p>

